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Dear Parents/Carers,

As you may have heard, there is a school in Barnoldswick affected by Coronavirus already. So, in order to clarify what you need to do IF your child's class bubble is affected, please read this letter.

If we have a positive confirmed case of COVID-19, the affected class bubble will all need to go into isolation at home. Please be assured, we will contact you as soon as we know that there is a confirmed case, and will keep all parents informed.

## FOR CLOSE CONTACTS OF CONFIRMED CASES OF COVID-19

### Advice to Self-Isolate for 14 Days

If your child has been identified as a close contact of a confirmed case of COVID-19 then in line with the national guidance we recommend that your child stays at home and self-isolates for 14 days. The whole class bubble, including staff, will be asked to remain home for 14 days.

If your child has siblings in other class bubbles, these siblings may continue to attend school, **unless anyone in your household develops symptoms during the 14 day period**. If however, there are children in sibling classes who are classed as vulnerable, we may ask you to keep siblings home for the 14 day isolation period.

This will reduce the further spread of COVID-19 to others in the community.

If your child is well at the end of the 14 days period of self-isolation, then they can return to school. A negative test does not mean that they can stop self-isolation earlier than 14 days.

Other members of your household can continue normal activities provided you do not develop symptoms of COVID-19 within the 14 day self-isolation period.

Please see the link to the PHE Staying at Home Guidance

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

*Together we dream it, believe it, achieve it!*





If your child is eligible for Free School Meals (not Universal Infant Free Meals) then school will provide a food parcel at the start of each week. This will be brought to your door in the morning.

### What to do if you develop symptoms of COVID 19

If you develop symptoms of COVID-19 during your child's self-isolation period, you should remain at home for at least 10 days from the date when your symptoms appeared as advised in <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

The remaining members of the household would now need to self-isolate for 14 days.

Household members should not go to work, school, or public areas and exercise should be taken within the home.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

**ARE YOU PREPARED?** If you need to self-isolate, are you prepared at home? You will not be able to go to the shops during the isolation period – do you need supplies, or is there someone you can ask to shop for you? Your child will not be allowed to play outside with others.

You can arrange for testing via <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested> or call 119.

### Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)
- Sometimes children also develop diarrhoea and vomiting. **As per usual school procedure, pupils should not return to school until they have been free of this for 48 hours.**

For most people, coronavirus (COVID-19) will be a mild illness.

If you do develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.



## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### IF YOUR CHILD HAS A NEGATIVE COVID TEST

If your child's class bubble is not isolating and your child develops Covid symptoms, you should keep them at home and arrange for a test as soon as possible. **If your child receives a negative test result then they can return to school once they have been free of a fever for 48 hours.** If, however, they are self-isolating because they have been in contact with a confirmed Covid case (for example if their class bubble is self-isolating) then a negative test result does not mean that they can end their isolation period early.

### Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely,

Mrs Nicola Walker

Headteacher