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|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| <div>WEEK ONE</div> <div>Week Commencing:<br/>3rd &amp; 24th November<br/>15th December<br/>5th &amp; 26th January<br/>16th February<br/>9 &amp; 30th March<br/>20th April</div> | F+<br>Autumn & Winter<br>2025-2026 | MONDAY                                                                                                | SUGARWISE<br>TUESDAY                                                                           | WEDNESDAY                                                                                      | SUGARWISE<br>THURSDAY                                                                          | FRIDAY<br>FAVOURITES                                                               |
|                                                                                                                                                                                  | Traditional<br>Choice              | Big Brunch<br>Pork Sausage<br>Free Range Omelette<br>Crispy Potatoes & Baked Beans                    | Loaded Mild Beef Chillli Nachos<br>with<br>Mixed Rice & Salad Selection                        | Roast Chicken<br>with<br>Roast Potatoes, Seasonal Vegetables<br>& Gravy                        | British Beef Burger in a Bun<br>with<br>Paprika Wedges, Sweetcorn<br>& Tomato Ketchup          | Golden Crumb Fish Fingers<br>with<br>Oven Baked Chips<br>Garden Peas               |
|                                                                                                                                                                                  | Alternative<br>Choice              | Pasta Twists & Tomato Sauce<br>with<br>Homemade Dough Balls<br>& Salad Selection<br>(v)               | Cheese Pie<br>with<br>Baked Beans<br>(v)                                                       | Tomato & Mascarpone Pasta<br>with<br>Homemade Herby Bread<br>& Salad Selection<br>(v)          | Tomato & Basil Pasta<br>with<br>Homemade Crusty Bread<br>& Salad Selection<br>(v)              | Homemade Pizza Margherita<br>with<br>Oven Baked Chips<br>Sweetcorn<br>(v)          |
|                                                                                                                                                                                  | Jackets                            | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection        | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection |                                                                                    |
|                                                                                                                                                                                  | Sandwiches                         | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips                    | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips             | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips             | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips             | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips |
|                                                                                                                                                                                  | Desserts                           | Chocolate Traybake & Custard<br>Fruit Yoghurt<br>~<br>Fruit Selection                                 | Shortbread Biscuit<br>Fruit Yoghurt<br>~<br>Fruit Selection                                    | Raspberry Bun<br>Fruit Yoghurt<br>~<br>Fruit Selection                                         | Vanilla Cookie<br>Fruit Yoghurt<br>~<br>Fruit Selection                                        | Chocolate Brownie<br>Fruit Yoghurt<br>~<br>Fruit Selection                         |
| <div>WEEK TWO</div> <div>Week Commencing:<br/>10th November<br/>1st &amp; 22nd December<br/>12th January<br/>2nd &amp; 23rd February<br/>16th March<br/>6th April</div>          |                                    | MEAT FREE<br>MONDAY                                                                                   | SUGARWISE<br>TUESDAY                                                                           | WEDNESDAY                                                                                      | SUGARWISE<br>THURSDAY                                                                          | FRIDAY<br>FAVOURITES                                                               |
|                                                                                                                                                                                  | Traditional<br>Choice              | Loaded Pizza Panini<br>with<br>Paprika Wedges & Garden Peas<br>(v)                                    | Crispy Chicken Goujons<br>& Katsu Curry Sauce<br>with<br>Rainbow Vegetable Rice                | Pork Sausage, Yorkshire Pudding<br>with<br>Mashed Potatoes, Seasonal Vegetables &<br>Gravy     | Quorn Mince Bolognaise Pasta<br>with<br>Homemade Dough Balls<br>& Salad Selection              | Harry Ramsden's<br>Crispy Battered Fish<br>with<br>Oven Baked Chips & Peas         |
|                                                                                                                                                                                  | Alternative<br>Choice              | Tomato & Mascarpone Pasta<br>with<br>Homemade Herby Bread<br>& Salad Selection<br>(v)                 | Puff Pastry Cheese Whirl<br>with<br>Herby Potatoes<br>Garden Peas or Baked Beans<br>(v)        | Pasta Spirals & Tomato Saucewith<br>Homemade Dough Balls<br>& Salad Selection<br>(v)           | Cooks Choice of Filled<br>Free Range Omelette<br>with<br>Potato Wedges & Baked Beans           | Homemade Pizza Margherita<br>with<br>Oven Baked Chips & Sweetcorn<br>(v)           |
|                                                                                                                                                                                  | Jackets                            | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection<br>(v) | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection |                                                                                    |
|                                                                                                                                                                                  | Sandwiches                         | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips                    | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips             | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips             | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips             | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips |
|                                                                                                                                                                                  | Desserts                           | Vanilla Cake<br>Fruit Yoghurt<br>~<br>Fruit Selection                                                 | Cooks Choice of Jelly<br>Fruit Yoghurt<br>~<br>Fruit Selection                                 | Chocolate Cookie<br>Fruit Yoghurt<br>~<br>Fruit Selection                                      | Lancashire Cheese & Biscuits<br>Fruit Yoghurt<br>~<br>Fruit Selection                          | Cocoa Krispie Cake<br>Fruit Yoghurt<br>~<br>Fruit Selection                        |
| <div>WEEK THREE</div> <div>Week Commencing:<br/>17th November<br/>8th &amp; 29th December<br/>19th January<br/>09th February<br/>2nd &amp; 23rd March<br/>13th April</div>       |                                    | MONDAY                                                                                                | SUGARWISE<br>TUESDAY                                                                           | WEDNESDAY                                                                                      | SUGARWISE<br>THURSDAY                                                                          | FRIDAY<br>FAVOURITES                                                               |
|                                                                                                                                                                                  | Traditional<br>Choice              | Pork & Carrot Meatballs<br>with<br>Mild Chillli & Sweet Pepper Sauce<br>Mixed Rice & Saoad Selection  | Savoury Mince & Dumplings<br>with<br>Mashed Potatoes<br>Green Beans & Carrot Batons            | Roast Chicken<br>with<br>Roast Potatoes, Seasonal Vegetables<br>& Gravy                        | Quorn Tikka Curry<br>with<br>Mixed Rice & Naan Bread                                           | Golden Crumb Fish Fingers<br>with<br>Oven Baked Chips<br>Garden Peas               |
|                                                                                                                                                                                  | Alternative<br>Choice              | Harry Ramsden's<br>Salmon & Sweet Potato Fish Cake<br>with<br>Herby Potatoes & Vegetable Medley       | Pasta Tubes & Tomato Sauce<br>with<br>Homemade Dough Balls<br>& Salad Selection<br>(v)         | Tomato & Mascarpone Pasta<br>with<br>Homemade Herby Bread<br>& Salad Selection<br>(v)          | Vegetarian Sausage Roll<br>with<br>Paprika Potatoes<br>Garden Peas or Baked Beans<br>(v)       | Homemade Pizza Margherita<br>with<br>Oven Baked Chips & Sweetcorn<br>(v)           |
|                                                                                                                                                                                  | Jackets                            | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection<br>(v) | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection | Cooks Choice of filled<br>Oven Baked Jacket Potato<br>with<br>Freshly Prepared Salad Selection |                                                                                    |
|                                                                                                                                                                                  | Sandwiches                         | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips                    | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips             | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips             | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips             | Choice of filled Sandwiches<br>with<br>Oven Baked Chips<br>Vegetable Sticks & Dips |
|                                                                                                                                                                                  | Desserts                           | Chocolate Traybake & Custard<br>Fruit Yoghurt<br>~<br>Fruit Selection                                 | Vanilla Shortbread<br>Fruit Yoghurt<br>~<br>Fruit Selectio                                     | Oaty Biscuit<br>Fruit Yoghurt<br>~<br>Fruit Selection                                          | Lemon Cookie<br>Fruit Yoghurt<br>~<br>Fruit Selection                                          | Cooks Choice of Cupcake<br>Fruit Yoghurt<br>~<br>Fruit Selection                   |